

Grants awarded under the Positive Pathways programme 2020/21 February 2021

85 grants totalling £2,965,230

Organisation	Project Title	Grant Amount	Project Description
Northern Ireland			
AA Veterans' Support	Veterans' Film Project	£35,000	The Veterans Film Project will equip veterans with skills in camera-work, script-writing, lighting, sound, editing and set-etiquette, so they can produce, film, direct, and edit their films. Taught by industry professionals, the project will enhance teamwork skills, raise self-esteem, promote positive mental health and overall wellbeing.
AA Veterans' Support	Armed Forces Ahead of the Game	£35,000	Working in partnership with Irish Football Association, the organisation will deliver a programme of sporting activities for veterans with poor mental health and those facing social isolation. The programme will engage veterans through sport and recreational activity, with support towards education and qualifications that will provide meaningful employment and greater community integration.
Beyond the Battlefield NI	Battlefield Riversearching	£35,000	The project will offer River Hunting with Mine Detectors and Magnets throughout various rivers for 20 veterans per month, over a one-year period. The aim is to offer a tranquil and calming environment for better mental and physical wellbeing amongst the veterans.
Brooke House Project	Building Connections EcoHub	£35,000	Brooke House will create a veterans' led EcoHub. This will be a social, veteran-led hub, which incorporates a variety of nature-based activities and encourages veterans and their families to engage in their natural

			environment. Activities on offer will include art, mindfulness, fitness, and conservation projects.
The Defence Gardens Scheme Community Interest Company	Defence Gardens Scheme - Regional Rollout	£25,230	The project will enable more veterans to benefit from tailored gardening projects through the Defence Garden Scheme through supporting the development of Defence Gardening Schemes in different locations and providing training to veterans who will then be able to share these skills with other veterans.
Ely Centre	Veteran Fit Club (Walking football)	£35,000	The Veteran Fit Club will provide walking football to veterans and provide Men`s Health advice covering weight loss, diabetes, cancer, healthy eating, and exercises working in partnership with other organisations.
Reading Force	Veteran Force: Connectedness and mental-wellbeing through shared-reading	£35,000	Veteran Force will seek to reduce isolation and loneliness among veterans, working with them to develop collective, shared reading. Working with them, and through supporting organisations and collaborators, the veterans will benefit from the mental, social, and emotional wellbeing and personal agency that comes from discussing and sharing books.
The Royal British Legion Tandragee Branch	A Golden Stitch In Time	£35,000	The project will enable veterans with mental health issues to learn new skills in machine embroidering, design, production and ordering materials to enable them to produce embroidered items.
The Royal British Legion Tandragee Branch	The Stages of War	£35,000	The project will give veterans who have experienced mental health issues an opportunity to learn how to put together a stage-play, including learning every aspect of production from writing, producing, and directing to lighting, sound, and stage management. The final piece will be performed in the prestigious Lyric Theatre Belfast.

Mind the Pipes and Drums in partnership with Walking With The Wounded	The Frontier Pipes and Drums	£35,000	The Frontier Pipes and Drums will enable veterans to partake in music based, social activities where they can learn new skills, develop a sense of achievement and pride. The project aims to improve veterans' mental health by reducing social isolation as well as undertaking a subtle form of music therapy.
Scotland			
BRAVEHOUND	THEATRE OF WAR 2	£35,000	Veterans supported by Bravehound will plan and deliver three interactive performances of "Theatre of War", which combines a facilitator, professional actors and veterans performing Greek Tragedy, leading to a Town Hall discussion with the audience of veterans and family. Veterans will be able to develop new skills and confidence through this project.
Erskine	Build Your Own Bike (BYOB)	£35,000	Common Wheel will deliver a series of courses where veterans, referred to them through the Erskine Activities Centre, will build their own bikes from recycled materials and parts. The aims of the project are to improve mental wellbeing, increase skills, reduce isolation and challenge stigma surrounding mental health.
Fares4Free	More Than Just a Journey	£35,000	Fares4Free will facilitate trips/activities such as fishing, walking, tours of historical places. Tailored to the individual/group's interest and ability, activities will give veterans the chance to explore interests while being supported by trained individuals who will ensure safety is paramount, ultimately increasing well-being, combating social isolation while developing positive relationships.
Live Music Now Scotland	Music to Lift the Spirits	£35,000	Live Music Now Scotland will fill a gap in music provision in the daily lives of older people in the Armed Forces community. Focusing on Erskine Care Homes' residents and staff, LMNS will bring the wellbeing benefits of

			music to those living with dementia, mental health difficulties and psychological disorders
Veterans Tribe in partnership with Walking With The Wounded	Veterans Tribe Creative, Wellbeing, Network - Scotland	£35,000	Veterans Tribe, in partnership with Walking with the Wounded, will provide a support network for veterans throughout Scotland, offering creative, wellbeing events and activities, exhibitions, and a monthly newsletter. Events will provide a relaxing environment, introduce new skills to challenge and develop, thereby improving mental health and wellbeing.
Wales			
Age Cymru Powys	Operation Phoenix	£35,000	Age Cymru Powys will lead the development of a wellbeing veterans' group based around the Wellbeing Park at Bronllys Hospital. Activities on offer will include gardening, construction work and art, all focused on supporting the long-term mental health of veterans.
Alabaré Christian Care and Support	Boots on the Ground Mid Wales	£35,000	Alabaré will provide a menu of outdoor activities, for those in Wales, including conservation and physical exercise within the natural environment to promote positive mental health, whilst encouraging mutual support, physical exercise, teamwork, leadership skills and peer mentoring.
CAIS	Ocean Activity for Wellbeing Wales	£35,000	In collaboration with delivery partners 'Tonic Surf', Change Step will establish a regional and structured ocean-based activity, health and wellbeing programme based in Aberystwyth. Providing opportunities for veterans and families across generations to access outdoor pursuits, engage with support services, and reduce social isolation while increasing physical activity.
CAIS	Five ways to veterans wellbeing	£35,000	Based on the '5 ways to wellbeing' model, Change Step will deliver a 'Walk, Talk, Change' programme. The programme, tailored to the veteran community, will establish a service user led network of qualified walking

			and wellbeing leaders throughout areas of Wales, strengthening communities, increasing confidence, and improving health.
Enbarr Foundation CIC	Nature vs Nurture	£35,000	The project will address the clear mental health needs of veterans living in Deeside and Flintshire by offering high-quality heritage, culture and gardening volunteering activities around the 13-acre John Summers site. It will address identified mental health needs of the local veterans' community, including social isolation and loneliness.
Equus Ferus	Natural Horse Activities for Veterans	£35,000	The project will deliver outdoor nature-based equine facilitated wellbeing activities for veterans who need support to improve their mental health. Activities are tailored to ensure inclusivity and diversity and include working with horses, driving a horse and cart, learning to ride, plus six online group wellbeing sessions.
Fighting With Pride	LGBT+ Veterans Out and About	£35,000	LGBT+ Veterans 'Out and About' offers carefully matched outdoor activities that are achievable and enjoyable while meeting new people. Challenge by choice will be the ethos with veterans setting personal targets. Activities will provide a sense of achievement and build bonds of friendship in a safe exclusively LGBT+ setting.
Riverside Retreat Veterans Camp CIC in partnership with Hafal	My Pace in Green Space	£35,000	My Pace in Green Space is based at a veteran-owned site in the Brecon Beacons National Park. The project will support veterans, helping to improve their mental health and wellbeing providing activities that include woodland management, forest gardening and astronomy.
Cwmbran Rugby Club in partnership with Hafal	Fast Track 14 – Rugby Ready	£35,000	Cwmbran RFC will use the medium of rugby and referee training to support and empower 20 veterans currently suffering with mental ill-health. Working with WRU,

			Hafal and other partners, the organisation will continue to oversee and mentor them once they are qualified, ensuring they receive the appropriate support throughout.
Valley Veterans in partnership with Hafal	Valley Veterans Equi-Grow Project	£35,000	Valley Veterans support and improve the mental and physical health and wellbeing of veterans through active participation in a structured programme of equine and horticultural activities. Veteran-led and supported by mentors and trainers, participants will gain practical skills and experience to combat the challenges resulting from isolation and loneliness.
Radiate Arts	Creative Freedom	£35,000	'Creative Freedom' delivers creative and outdoor residential experiences followed by a 12-month programme of weekly workshops for Armed Forces veterans. Working closely with Armed Forces referral pathways, the aim is to develop creative and expressive skills, building positive mental wellbeing in the inspirational surroundings of the Cambrian Mountains, Mid Wales.
Re-Live	Coming Home Choir: North Wales	£35,000	Coming Home Choir: North Wales is an exciting new branch of Re-Live's Coming Home to the Arts programme, currently running in South Wales. The North Wales group will form a new veterans' choir and provide creative engagement to support the health and wellbeing of our veterans' community.
Re-Live	Coming Home Choir: West Wales	£35,000	Coming Home Choir: West Wales is an exciting new branch of Re-Live's Coming Home to the Arts programme, currently running in South Wales. The West Wales group will form a new veterans' choir and provide creative engagement to support the health and wellbeing of our veterans' community.

The VC Gallery	Into the Deep Blue.	£35,000	The VC Gallery will deliver multiple, adventurous activities based around the beautiful waterways and coast of Pembrokeshire, for the benefit of veterans' mental health and wellbeing. With the help of a veteran mentor, they will learn new skills and build confidence together.
Welsh Veterans Partnership	WVP "Green Head Space" Project	£35,000	To meet increased demand, a group of veterans will build a bespoke outdoor facility in the centre of Cardiff for veterans with poor mental health, encompassing horticulture, beekeeping and a contemplative garden responding to the negative effects of covid-19 reducing isolation and boosting the wellbeing of the veterans community.
Woody's Lodge	Vale and Valley Veterans	£35,000	Woody's Lodge will increase its capacity to assist veterans with mental health and wellbeing concerns by enhancing their outdoor infrastructure to provide physically and mentally stimulating activities and will grow its capacity to guide and assist veterans through the addition of two support officers, all in a COVID-proof environment.
Woody's Lodge	Life Beyond Service	£35,000	Woody's Lodge will expand the range of activities it already offers in support of veterans with mental health issues, through the inclusion of additional sporting opportunities, photography and modelling activities, gardening and forestry, all in a COVID-proof environment.
England			
Veterans of War	Veterans Motorbike Racing Team	£35,000	This project improves the mental health and wellbeing of 10 veterans, via a year of bespoke college education and a season working with a British Superbike team. The training and professional support received in this

			vibrant environment will engage, inspire and support them with their physical or mental health issues.
CDARS	Wellness and Recovery for Veterans	£35,000	The project will deliver a health and wellbeing programme for veterans experiencing mental health issues. The project will support their recovery journey; to improve their quality of life and to support their independence and reintegration in their community.
Age UK Thanet Ltd	'Thanet Veterans- Belonging and Celebrating	£35,000	Age UK will provide volunteer-supported creative activities for groups of older veterans, in care homes and the community. Creative activity, veteran determined, will have positive impact on creative competence, self - confidence, social isolation and wellbeing. Project activities will also celebrate the Kent centenary of the Royal British Legion.
Alabaré Christian Care and Support	Positive about Mental Health - Boots on the Ground	£35,000	Alabare will provide a menu of outdoor activities, for those in south west England, around conservation and physical exercise within the natural environment, to promote positive mental health, whilst encouraging mutual support, physical exercise, teamwork, leadership skills and peer mentoring.
Armed Forces Community Support Hub	AFCS Hub (Devon) Walking Group	£35,000	The AFCS Hub walking group will meet monthly and will provide guided, walks around the local Exeter and Devon area focusing on culture and heritage. The walks will be inclusive for veterans and their families, for all genders and abilities and will encourage activity, learning, positive mental health and mindfulness.
Battling On CIC	Healing Through Heritage	£35,000	The Healing through Heritage project links veterans interested in learning about historic landscapes with the environmental conservation volunteering activities within the World Heritage Site of the Tamar Valley.
Battling On Community Interest Company	Country Retreat	£35,000	Battling On's Country Retreat project will provide a range of outdoor activities to veterans with cognitive

			impairment and/or life limiting illnesses and is designed to promote positive physical and mental health and wellbeing, cognitive function and social interaction whilst supporting their carers providing much needed respite and support.
Bowra Foundation	BOWRA21 Activity Programme	£35,000	Mark Bowra, former UKSF commander, Invictus Gold medallist and stroke survivor will lead physical challenges, bringing together veterans and people of all backgrounds living with neurological disorders. BOWRA21 will focus on early mental health intervention for Special Forces veterans who may be less likely to seek support
Breaking Ground Heritage C.I.C	Breaking ground change step	£35,000	Breaking ground, change step will deliver six heritage-based projects to beneficiaries: three archaeological excavations, the construction of an authentic Bronze Age roundhouse, provide spaces on an archaeological field school and deliver an art therapy project and exhibition using prehistoric art as a muse.
Building Heroes Education Foundation	West Midlands Construction Skills Hub	£35,000	Building Heroes will create a construction skills hub in the West Midlands in an exciting new development. Veterans will learn a range of trade skills across several disciplines in a 'real' environment, guided by experienced instructors. Welfare staff will offer support, guidance, information and signposting to other organisations where needed.
Burnley FC in the Community	Fitter Ex-Forces Online	£35,000	Burnley FC in the Community's online Fitter Ex-Forces programme will support veterans with their physical and mental health through online workouts, delivering a combination of health, fitness and social sessions to assist in overall health and lifestyle improvements and social interaction for participants, leading to long term lifestyle changes.

Care for Veterans (formerly The Queen Alexandra Hospital Home)	The Constant Gardening Project	£35,000	The Constant Gardening Project will provide a large wheelchair accessible greenhouse. This will be a Covid-safe environment where veterans can garden in all weathers - either alone, or with fellow veterans. The greenhouse can also be used at weekends when residents have fewer structured activities.
Climbing Out	Climbing Out Mental Resilience Programmes	£35,000	Climbing Out will run two, five-day outdoor activity programmes specifically for veterans. The programmes, which combine outdoor activities and social reengagement with personal development and mental resilience coaching, are aimed at rebuilding confidence, self-esteem and mental wellbeing post trauma. Further opportunities for personal development and support are available on completion.
Combat Surfers	Green/Blue Health Evolution Pathway	£35,000	The Green/Blue Health Evolution Pathway will empower veterans to experience the proven, natural, physical and psychological health benefits from participation in enjoyable, high intensity, individual and group, ecotherapy activities in the stunning Cornwall coastal environment with the assistance of other veterans and professionals in the post Covid-19 new normal.
Company of Makers	Dits 'n' Pics	£35,000	Co-created with veterans, for veterans, this Company of Makers' heritage project brings veterans together to share stories from their military lives (dits) and the photos (pics) that evoke those memories; using digital technology to create an online exhibition, blogs and podcasts, building across 12 months to a 'real life' exhibition.
DWS LIFESKILLS CIC	Lancashire veterans health and wellbeing	£35,000	The organisation will find vulnerable veterans in the local area and actively help them with any health and wellbeing issues they may have. It will encourage

			socialisation both with other veterans and also other groups within the area.
Finchale Group	Finchale's Outdoor Adventure	£35,000	Finchale's Outdoor Adventure will provide veterans with exciting, high adrenaline activities aimed at challenging them to try something new. Activities will include mountain biking, water sports and axe throwing. Veterans will also have the opportunity to train as an instructor, allowing them to support others and ensuring the project's sustainability.
FirstLight Trust	Gaining Growth Outside	£35,000	The organisation will utilise the FirstLight Trust allotments and weekly cycle club to support veterans in gaining new skills, taking part in social activities and increasing in personal growth and confidence themselves.
Forward Assist	Mindfulness Dream & Sleep Retreats	£35,000	The organisation will deliver three residential therapeutic veterans retreats in England Scotland & France with online sleep therapy training prior to retreat participation. The retreats promote healthy eating and physical activity, as well as self-respect and camaraderie.
Groundwork Manchester Salford Stockport Tameside and Trafford	Veterans' Grow Cook Eat	£35,000	Groundwork will run gardening sessions for groups of veterans to develop new skills and confidence to grow their own food, with the option to complete a six-week cookery course with Cracking Good Food to develop cooking skills to make healthy and nutritional meals using local produce.
Healthier Heroes CIC	In Pursuit of the Wild	£35,000	The organisation will offer a bespoke programme that improves mental health, physical health and wellbeing, through the delivery of an extreme, outdoor pursuit and sporting recovery pathway programme. The programme is designed for Service leavers to share lived

			experiences, connect with peers and challenge themselves by partaking in high intensity activities.
Horseback UK	HorseBack Veterans On The Move Together	£35,000	Recognising the impact Covid-19 has had on veterans' ability to travel for support, the organisation will bring its award-winning mental health and wellbeing recovery programme including horsemanship, equine assisted therapy, rural skills and the outdoors, to a new cohort of veterans in the South of England.
Nomad Construction Training CIC	Project TRIDENT	£35,000	Adventurous group sports allow Service leavers to maintain morale, health and wellbeing as they commence a life outside of the military. Project TRIDENT is a sporting programme designed to provide access for veteran beneficiaries to three exhilarating sporting activities: mountain biking, surfing and snowboarding.
On Course Foundation	Veterans Golf Programme - North-East England	£35,000	Veterans in the North East of England will be able to access confidence building golf events, developing skills and sharing the experience with like-minded individuals. Long-term participation can have a positive effect on the mental wellbeing of attendees.
PATT Foundation	The Green Task Force	£35,000	The Green Task Force offers a pathway to engagement in the land-based sector, whilst tackling a variety of mental health issues (including PTSD) for veterans.
Plymouth Argyle Football in the Community Trust	Argyle Vets Fit Club	£35,000	Argle Community Trust will engage with veterans of all ages to provide extra support around mental health and wellbeing - delivering a weekly menu of outdoor sporting and physical activities that veterans can join in with, combined with regular social activities and specific mental health workshops and courses.
Royal British Legion Industries	Purpose, wellbeing, independence through activities	£35,000	A new programme of outdoor physical activities therapies including hiking, biking, canoeing and walking for hard-to-reach veterans. Covid-19 has left vulnerable

			veterans struggling as a result of isolation. This project will build their confidence, promote inclusion with the community once again and support health and mental health recovery.
Royal Hospital of Chelsea	Active Ageing - Developing New Passions and Friendships	£35,000	The Active Ageing Programme provides both indoor/outdoor activities. The organisation will ensure individuals, whatever their ability, can engage in their passion, whether as part of a group or following their own individual hobby. The programme is dynamic, intergenerational, improving physical and mental health. Above all it aims to be fun.
Sandhurst Trust	Growing Together (Defence Gardens Scheme Westbury)	£35,000	Growing Together will deliver a Nature-based Therapy programme for military personnel with poor mental health. A Horticultural Therapist will combine the tranquil setting of the walled garden with the interests and needs of the group to create a sense of shared purpose and meaningful occupation through gardening.
Small Woods Association	Out of the woods...	£35,000	The project will work with ex-Service personnel to grow their self-confidence, self-esteem and to build resilience through practicing sustainable woodland management and creating wood craft products. Participants will work as a team, sharing experiences to help motivate them to take the next step into employment, self-employment, volunteering or education.
Sporting Force	SPORTING FORCE - MENTAL HEALTH SUPPORT	£35,000	Sporting Force will work in five targeted locations across the UK to develop improved mental health in vulnerable and isolated veterans through regular sport and physical activity taking place at professional sports organisations. The organisation will combine sport with specialised workshops and events designed to improve resilience, mental health and wellbeing.

St John & Red Cross Defence Medical Welfare Service (DMWS)	Qigong Welfare and Wellbeing Project	£35,000	DMWS are excited to offer Qigong sessions to veterans across Cumbria. Qigong, labelled the “new yoga” is an ancient practice with heaps of rewards, including helping with physical and mental wellbeing. This will allow veterans to engage in something new, benefit from improved wellbeing and physical health, develop a new skill and meet other veterans.
St John & Red Cross Defence Medical Welfare Service (DMWS)	Walking Football and Welfare	£35,000	Herefordshire Football Association and Defence Medical Welfare Service have come together to offer Walking Football Welfare Support for Veterans.
Step Together Volunteering	The Bronze Age Roundhouse Build	£35,000	Working in partnership with Operation Nightingale, Breaking Ground Heritage and Butser Ancient Farm, Step Together will provide the opportunity for veterans and injured Service personnel to build a replica Bronze Age roundhouse using archaeological evidence to ensure authenticity.
STEPWAY	Forest Garden and Beekeeping Project	£35,000	The project offers opportunities for veterans to participate in nature through hands-on activities; growing produce, beekeeping, taking part in outdoor activities, friendship, learning, participating for a healthy body and mind, promoting mental wellbeing The Forest Garden Project is a dynamic, therapeutic, outdoor space in the heart of Worcester for the veteran community.
Team Endeavour Racing UK CIC	TEAM ENDEAVOUR RACING - OUTREACH	£35,000	Team Endeavour Racing will provide and facilitate adapted high-speed adrenaline powerboat, training, racing and experience days in the Midlands leading to national qualifications and participation in National events.
The Fighting Chance in London Community Interest Company	Gloves Off - Coronavirus support project	£35,000	The Fighting Chance 'Gloves Off' project will support veterans with mental health needs, particularly those most affected by the impact of coronavirus restrictions. The project will support veterans through a structured

			boxing programme, outdoor activities and a focus on developing independence and improving digital and social inclusion.
The Veterans Farm Able Foundation	Project Artemis (Goddess of Nature & Growth)	£35,000	Project Artemis is a unique, one-year project to provide therapeutic outdoor learning opportunities for women-only groups of veterans or female serving members of the Armed Forces, in a safe and supportive environment on farms and estates in the South West of England.
The Veterans Hub Weymouth & Portland CIC	MAD Dogs Supporting Veterans	£35,000	This organisation will work alongside the team from Making A Difference (MAD) CIC, in a green space designed to bring together veterans who use support dogs.
The Warrior Programme	Wellness through nutrition	£35,000	Veterans will deliver regular online sessions for other veteran participants, on growing and sourcing affordable seasonal food and host a monthly formal cooking session. These will raise awareness of good nutrition and local food links. Supported by informal chat sessions, the project will promote friendship and enhance overall health and wellbeing.
Veterans' Garage Ltd	Mission VG: Farm to Table.	£35,000	The Veterans Garage is delivering a project using a farm and woodland to tackle social isolation following the COVID-19 pandemic. The project will get the beneficiaries outside and teach cooking skills, growing and farming vegetables and fruit along with providing outdoor activities to get people motivated and fit.
Veterans In Action	Veterans In Focus	£35,000	Veterans In Focus will create new positive memories in film where veterans can see and participate in their own growth through working with their peers in tried and tested projects that will increase awareness, self-expression, and community building.
Veterans Outreach Support	Veterans Outdoor Support	£35,000	Veterans Outdoor Support' is a peer supported programme of outdoor activities aimed at promoting

			confidence, wellbeing and positive mental and physical health in enjoyable and friendly settings, through learning new skills, re-discovering old ones, helping others, and by contributing to the quality of local communities.
Veterans Woodcraft CIC	Veterans Heritage & Craft Skills	£35,000	Veterans Woodcraft will deliver a therapeutic heritage skills development project to veterans at their Newton Aycliffe workshop in Co Durham. The project will help them manage their mental health recovery and social wellbeing and increase their social network, opening up positive pathways for progression to a more positive and fulfilling future.
Veterans Woodcraft CIC	Veterans Restoring Health and Furniture Together.	£35,000	Veterans Woodcraft will deliver a therapeutic introduction to furniture restoration and reupholstery project to veterans in North Yorkshire and Co Durham. The project will help veterans manage their mental health recovery and wellbeing and increase their social network, opening positive pathways for progression to a more positive and fulfilling future.
Victoria Cross Trust	Maintaining the Memories	£35,000	The organisation will recruit and retrain veteran volunteers in the restoration of VC graves. This will teach veterans new skills delivering lectures and talks to schools and a wide range of special interest groups, in order to maintain the memories of VC recipients. The VCT gives purpose to its veterans through this work.
Veterans Tribe in partnership with Walking With The Wounded	Veterans Tribe Creative, Wellbeing, Network - NW	£35,000	Veterans Tribe, in partnership with Walking with the Wounded, will provide a support network for Veterans throughout NW England, offering creative, wellbeing events and activities, exhibitions, and a monthly newsletter. Events will provide a relaxing environment, introduce new skills to challenge and develop, thereby improving mental health and wellbeing.

UK-Wide			
British Limbless Ex-Servicemen's Association	Sporting Activities for Limbless/Injured Veterans	£35,000	Blesma will run a one-year programme of sporting/wellness activities to support mental health and wellbeing of limbless veterans UK-wide. Through these activities, including veteran-led pursuits, members will connect with each other, build friendships, learn new skills and feel better able to tackle the ongoing challenges of limb-loss and disability.
Climb 2 Recovery	Try-climbing and mountaineering progression	£35,000	'Try-climbing' will enable almost 100 veterans access to the C2R programme, reducing isolation and building friendships; 'mountaineering progression' will help 42 of these veterans progress and develop their self-confidence and skills. The 'try-climbing and mountain progression' aim is to improve mental health and wellbeing, resilience, and independence of WIS veterans.
Climb 2 Recovery	Climb 2 Recovery	£35,000	C2R enables veterans to access the outdoors, learn climbing and mountaineering skills, build long-term friendships, and earn instructor qualifications (to support a transition or return to employment, voluntary work, and C2R activity), to improve the long-term mental-health and wellbeing, resilience, independence, and Social Value of beneficiaries.
The Soldiers' Arts Academy CIC	Singing Workshops with Laura Wright	£35,000	The SAA will offer individual singing lessons for veterans who are in need in a twelve-month period. The lessons will be in small groups with internationally renowned professional singer Laura Wright offering individual focus.; and will enable veterans to develop new skills and confidence.
The Not Forgotten Association	Sporting events for injured veterans	£35,000	Funding to provide sporting events and recreational activities for injured or wounded serving and veterans of

			the UK Armed Forces. Sporting activities that are planned include trekking to the summit of Mount Olympus, white water canoeing in France, Half Marathon Des Sables and cycling the Western Front Way.
Models for Heroes in partnership with Walking With The Wounded	Online Model Making for Veterans	£35,000	Model making in Occupational Therapy encourages focus, patience, development of coping mechanisms and delicate motor skills. Models For Heroes and Walking With The Wounded will collaborate to provide modelling tools, materials and live online support to engage beneficiaries in this meaningful activity with a satisfying end result.
Total Awarded		£2,965,230	