

**Grants awarded under the One is Too Many programme 2020/21 March 2021**

**8 grants totalling £2,135,157**

<b>Organisation</b>	<b>Project Title</b>	<b>Grant Amount</b>	<b>Project Description</b>
<b>Scotland</b>			
Walking With The Wounded	Positive Futures - Scotland	£300,000	Walking with the Wounded in Partnership with Veterans' First Point aims to reduce suicide risk by supporting veterans with significant mental health problems find and retain meaningful and fulfilling roles in their communities, fully supported by the organisation's new individual placement support officers.
<b>Wales</b>			
Adferiad Recovery (Formerly CAIS)	Left of Boom - Suicide Reduction	£285,013	Left of Boom will reduce and prevent suicide by vulnerable veterans through providing a bespoke peer mentoring service across Wales, specifically addressing this risk within veterans. The project benefits from Change Step's networks and experience and provides timely interventions to those least likely to access the support they need.
<b>Northern Ireland</b>			
Inspire	Every Life Matters	£300,000	The 'Every Life Matters' programme will take a proactive, targeted and integrated approach to identify, address and reduce suicidality and concomitant risk factors, combining prevention and intervention using a case-managed, stepped-care delivery model tailored to older Northern Ireland veterans.
<b>UK-Wide</b>			

The Baton	Veteran suicide: Understand-Identify-Prevent	£299,894	In partnership with Service families who have been bereaved by suicide, this project will co-produce a foundation of evidence and a model of safety to support other grant holders to develop their services and integrate them with statutory healthcare across the UK, to provide long-term support to reduce suicide.
Help for Heroes	Veterans' Suicide Awareness & Self-Help (SASH)	£300,000	Help for Heroes will change how support for veterans suffering mental health difficulties is accessed, by empowering families and peers to help save the lives of those at risk of suicide. The project will upskill and educate, facilitating better help-seeking behaviour in at-risk individuals.
RFEA - The Forces Employment Charity	Project Nova - One is Too Many	£100,000	Project Nova - 'One is Too Many' will reach more veterans who are at risk of suicide by reaching out to veterans who are in contact with the Police, with the 'One is Too Many' message. They aim to become a centre of excellence for support to suicidal veterans.
RMA - The Royal Marines Charity	Lifting the Lid – Suicide Prevention Pathways	£250,250	Building upon the success of their 'Lifting the Lid' campaign, this project will embed community-based support pathways, enhance professional skills and reduce stigma amongst the Corps family through developing best 'prevent and recovery' practice tailored to the unique experience of Royal Marines, encouraging those at risk to engage with services.
The Soldiers, Sailors, Airmen and Families Association - Forces Help	SSAFA Samaritans Partnership	£300,000	In partnership with the Samaritans, SSAFA will produce an ambitious strategy, informed by dedicated scoping, consultation and user research,

			to maximise combined expertise, knowledge and services to reach veterans in need.
<b>Total Awarded</b>		<b>£2,135,157</b>	