

National Helpline	How they can help	Contact details
Combat Stress 24 hours a day	Confidential help and advice about service-related mental health issues for the whole military community, including families	Call: 0800 138 1619 or Text: 07537 404719 helpline@combatstress.org.uk www.combatstress.org.uk
SSAFA Forcesline Mon to Fri 09.00 - 17.30 hours	Confidential helpline that provides a supportive, listening and signposting service for serving personnel, former members of the Armed Forces and their families	0800 731 4880 www.ssafa.org.uk/get-help/forcesline
Help for Heroes	Providing lifelong support to service personnel and military veterans with injuries, illnesses and wounds sustained while serving in the British Armed Forces	01206 814880 helpforheroes.org.uk/get-support/
The Royal British Legion Everyday 08:00 - 20:00 hours	Assisting with finance, independent living, recovery, housing and employment, for the whole family	0808 802 8080 www.britishlegion.org.uk
Samaritans 24 hours a day	Confidential emotional support for people who are experiencing feelings of distress, despair or suicidal thoughts	116 123 www.samaritans.org
Veterans Gateway 24 hours a day	Putting veterans and their families in touch with the organisations to help with healthcare, housing to employability, finances, personal relationships and more	0808 802 1212 www.veteransgateway.org.uk
Big White Wall 24 hours a day	An anonymous, digital mental health service, free for serving personnel, veterans, family members and carers	www.bigwhitewall.co.uk



LOCAL SUPPORT FOR ARMED FORCES VETERANS IN WORCESTERSHIRE

Worcestershire has a large Armed Forces veteran community living in the county. There are a range of dedicated services available locally and nationally for veterans to access, particularly in times of need.

If you have served one day or more in HM Armed Forces: Royal Navy, Army or Royal Air Force (including National Service), local support is on hand.

Worcestershire's Armed Forces Covenant Partnership is committed to ensuring fair access to a wide range of services, through independence and dignity, fairness and respect, to those who have served their country.

In partnership with

worcestershire
 county council

To find out more about the Armed Forces Covenant visit:

www.armedforcescovenant.gov.uk

or alternatively

[www.worcestershire.gov.uk/
partnership/armedforces](http://www.worcestershire.gov.uk/partnership/armedforces)

Email:
wafcc@worcestershires.gov.uk

Local support available in Worcestershire

Organisation	How they can help	Contact details	
Armed Forces Veteran Breakfast Clubs	Provide a safe environment where fellow-minded serving and veterans can meet face to face over a cuppa and breakfast to put the world to rights/point them in the right direction if they need help	Worcester: 07551 240486 info@worcesterafvbc.co.uk	Kidderminster: 0740 2811217 kidderminsterafvbc@gmail.com www.afvbc.net
Blind Veterans UK	Help for ex-service men and women of every generation rebuild their lives after sight loss	0300 111 2233 www.blindveterans.org.uk	
Help For Heroes	Provide lifelong support to service personnel and military veterans with injuries, illnesses and wounds sustained while serving in the British Armed Forces	01206 814880 www.helpforheroes.org.uk/get-support	
Joining Forces Age UK	Provide personalised support for older veterans focussing on social, practical and economic needs. Information, advice, guidance and support planning. Promotes wellbeing and independence	0800 008 6077 Veteranswellcheck@ageukhw.org.uk www.ageukhw.org.uk	
Remember Veterans: YSS	Individually tailored support for veterans involved in the criminal justice system to help access sustainable independent living without reoffending	07773 930149 Lisa.burnett@yss.org.uk	
The Royal British Legion	Welfare services to assist with finance, independent living, recovery, housing and employment. We also offer respite in holiday breaks and residential/dementia care services in our 5 care homes	0808 802 8080 www.britishlegion.org.uk	
SSAFA Worcestershire	Supporting serving personnel, veterans, and their families. From housing and welfare support to specialist mentoring and adoption service	01905 21728 Worcestershire@ssafa.org.uk	www.ssafa.org.uk
Stepway, Worcester	Supporting veterans who struggle with adapting to civilian life. Providing a 7-step civilian skills programme. Runs every Thursday at the Trinity, Worcester	075397 54457 dawn@stepway.org www.stepway.org	
Veterans UK	Administers the Armed Forces pension schemes and compensation payments for those injured or bereaved through service. Also provide welfare support to veterans and their families	0808 1914218 www.veterans-uk-vws-wales-mid@mod.uk	
Veterans' Mental Health Transition, Intervention and Liaison Service	A local and regional NHS service for veterans from specialist staff in mental health who have an expert understanding of the Armed Forces	0300 323 0137	

Other useful contacts

Homeless Link

0808 800 444
www.homeless.org.uk

Find a Food Bank

Trussell Trust
01722 580 180
www.trusselltrust.org/get-help/find-a-foodbank

Citizens Advice Bureau

03444 111 444
www.citizensadvice.org.uk