

Grants awarded under the “Sustaining Support: Supporting Veterans and Families Impacted by the Afghanistan Conflict” programme

Grants totalling £975,000

Name	Project Title	Project Description	Grant Amount
Positive Adventure CIC	Positive Adventure for Veteran Keyworkers	To enable the organisation to offer additional Adventure Retreats to veterans, in response to demand	£35,000
The Sir Oswald Stoll Foundation	Connections: Supporting Veterans to Thrive	To enable to organisation to provide additional support and specialist interventions for veterans who served in Afghanistan and their families, who are now experiencing stress and anxiety.	£35,000
Healthier Heroes CIC	In Pursuit of the Wild	To enable the organisation to provide external outreach to support Armed Forces families, offer wider outreach support to veterans in supported living accommodation and prisons, and provide an emergency hotline.	£35,000
The Orchestra of the Swan	Music for Dementia	To help the organisation expand their work to manage the increased referrals from veterans experiencing loneliness, isolation, and other mental health challenges due to the impact of recent events	£35,000
Burnley FC in the Community	Fitter Ex-Forces	To work with veterans negatively affected by events in Afghanistan through the provision of support, expansion of existing activities and targeted activities to promote positive mental health	£35,000
Brooke House Project	Growing Together Eco Hub	To offer additional nature-based group activities to veterans who are experiencing a decline in mental health linked to events in Afghanistan	£35,000
St John & Red Cross Defence Medical Welfare Service (DMWS)	Families and Carers Medical Welfare	To provide specialist welfare support to acknowledge and help deal with mental health issues and other concerns in veterans affected by recent events in Afghanistan	£35,000
Tedworth Equestrian	Horse Power for Veterans	To open a veterans' and families' welfare hub/café in Tedworth Park, rapidly scaling up in response to feedback that veterans and families need a safe place to meet, reflect and talk.	£35,000

Sacro	Forces of Nature (FoN)	To enable the organisation to increase their staff, which will enable them to increase the amount of emotional and practical support they offer to veterans with mental health or substance misuse challenges, and facilitate access to specialist providers.	£35,000
FirstLight Trust	Gaining Growth Outside	To extend an existing local allotment and cycle group opening these activities for veterans and their family on an additional day of the week. This offers a safe environment for support as well as positive mental health, well-being, integration with others in the community.	£35,000
Armed Forces Community Support Hub (Devon)	Devon Veterans Support and Recovery	To enable an existing project to be expanded, enabling more veterans to be supported. A range of activities will be offered including a veteran led walking group combining fitness, cultural heritage and history.	£35,000
Armed Forces Community Support Hub (Devon)	AFCS Hub (Devon) Walking Group	To enable the walking group to meet monthly and offer guided, walks around the local Exeter and Devon area focusing on culture and heritage. The walks will be inclusive for veterans and their families, for all genders and abilities and will encourage activity, learning, positive mental health and mindfulness.	£10,000
Goodwin Development Trust/ Armed Forces Community Hub Hull	Community Hub, Families and Carers	To widening the network of services in the Humber region to cover North Lincolnshire and East Riding, providing more support to families and carers in these areas, in response to local demand.	£35,000
Armed Forces Community Support Hub (Devon)	RunningDeer "Courses for Forces" Programme	To offer veterans activities in woodland management, coppicing and green woodworking. The activities will promote positive mental health and physical wellbeing through hands on engagement with a range of natural environments which will also lead to accredited certification.	£35,000
Glasgow's Helping Heroes (SSAFA: the Armed Forces charity)	Glasgow's Veterans United	To offer additional, non-clinical mental health support to those who may have been affected by recent events by recruiting a Mental Health Peer Support Worker.	£35,000
Improving Lives Plymouth	Barriers to Family Life	To enable the organisation to meet increased demand from Afghanistan Veterans, by increasing their capacity by creating a small high intensity Team, that can respond to more complex needs.	£35,000
The Military Wives Choirs Foundation	Empowering Women Through Music	To strengthen the Choirs' Support Team in response to a surge in demand from the Military Wives Choirs network, and from those looking for support who have expressed interest in membership	£35,000

Welsh Veterans Partnership	The Green Head Space Project	To increase capacity at this existing project by funding an outreach allotment officer and a coordinator role in order increased demand and better serve the existing veterans' community at the accessible gardens and allotments project hub.	£35,000
Fares4Free	More Than Just a Journey	To enable the organisation to have an additional project worker in response to increased demand from veterans and their families for transport, information and signposting in times of crisis. The project helps to connect veterans to wider sources of support	£35,000
Waterloo Uncovered	Waterloo Uncovered Veteran Support Programme	To enable the organisation to respond to increased requests for help by increasing capacity on their existing project which uses archaeology to support veterans and their families. Increased funding will enable the organisation to support more people who have been affected by the Afghanistan conflict.	£35,000
Armed Forces Community Support Hub	Cheshire Veterans Living History Project	To enable the organisation's existing project to expand, offering more support to veterans, and additionally, offering support to families and partners who struggle to understand their partner's needs.	£35,000
Forward Assist	Mindfulness of Dream & Sleep	To enable more digital sleep improvement sessions to be offered specifically for Afghanistan Veterans and families places on the 'Mindfulness of Dream and Sleep Programme', where demand is high.	£35,000
The Warrior Programme	Strengthening and Connecting Serving Families	To extend an existing project and to provide additional, targeted support for families who are bearing the brunt of emotional turmoil experienced by Armed Forces personnel who have either served in Afghanistan or have close friends and/or family who have died or been injured there.	£35,000
Walking With The Wounded	The Frontier Pipes and Drums	To extend the project, to allow veterans and their families in the North East of Northern Ireland to benefit from free musical tuition, social activities, peer support, and onward referral into sources of clinical and other support.	£10,000
Mission Motorsport	Mission Motorsport Woodland Experience Project	To enable the existing project to be expanded to support more veterans, and to enable additional welfare support to be given to veterans who have greater need of support	£35,000
Bravehound	BRAVEHOUNDS GO OUTSIDE	To provide additional support to veterans currently accessing the project whose wellbeing is being adversely impacted due to the unfolding events in Afghanistan, and are at risk of deteriorating mental health conditions	£35,000

Battling On Community Interest Company	Branching Out	To provide intensive one-to-one mentor support to veterans whose mental health prevents them from accessing services through providing outreach services.	£35,000
The Veterans Hub Weymouth & Portland CIC	MAD Dogs Supporting Veterans	To enable the organisation to respond to increased demand and current waiting list from veterans and their families reaching out for support by increasing capacity in a project that develops relationships between veterans and their canine companions.	£35,000
The Soldiers' Arts Academy CIC	Singing Workshops with Laura Wright	To continue and to expand existing singing workshops, offering support to veterans and their families, to improve mental health.	£35,000
The Soldiers' Arts Academy CIC	Soldiers' Academy London Hub	To provide additional workshops in theatre, poetry, singing creative writing, voice coaching, art, film, guitar, dance, fitness and photography, targeted to veterans who are experiencing periods of crisis.	£10,000

Total £975,000