

Grants awarded under the Sustaining Support programme| Project Track | Round 2

Grants totalling £919,546

Name	Project Title	Project Description	Grant Amount
England			
Age UK Cornwall and the Isles of Scilly	Linking Cornwall Veterans	With this award, Age UK Cornwall and the Isles of Scilly will build on creating a legacy from their previous projects. With Covid-19 restrictions ending, this additional funding for the project 'Linking Cornwall Veterans', will continue to support veterans and their families. Age UK will increase their reach and their offer of support. The project will be embedded as part of re-emerging community-based support.	£28,866.00
Family Friends in Windsor and Maidenhead	Sustaining Support for Families Together	The Family Friends 'Families Together' project builds on 9 years of working alongside Army Families to provide bespoke support that helps families feel happier, less isolated and more resilient. The aim of the project is that parents and children will grow in confidence, with improved relationships and stronger connections, and can enjoy family and community life more fully.	£26,796.00
Home Start Richmonshire	Core funding Supporting Army Families	The project 'Core funding supporting army families' will provide continued support to families in Richmondshire. With this award, Home Start Richmonshire will help families experiencing isolation, loneliness and mental health issues. Home Start is a lifeline to help families cope. The team of highly trained and dedicated volunteers work alongside families helping them become the best parents they can be.	£70,135.00

Age UK East Sussex	Sustaining County CRT	Local volunteer befriending and practical support is highly valued by older veterans and their spouses as they begin re-connecting with the community following Covid-19. This grant will enable the continued work of the Age UK East Sussex's local volunteer befriending and practical support team. The work that is done by Age UK is highly valued by older veterans and their spouses.	£65,225.00
Carterton Family Centre	Family Support	With this grant, the Carterton Family Centre, will continue to offer the additional support that service families require. The organisation supports service families to settle into a new area, integrate into the community, form friendships and establish their own support networks. Consequently, their mental health improves.	£37,952.00
St John & Red Cross Defence Medical Welfare Service (DMWS)	Family Welfare Support	Defence Medical Welfare Service's projects have operated for over 14 months and were funded through the Removing Barriers to Life Programme fund. With this grant the 'Family Welfare Support' will continue to provide critical support in Somerset and Herefordshire to the Armed Forces Community including their families. DMWS tackle the non-medical issues and welfare concerns that greatly affect mental and physical health and wellbeing recovery to the Armed Forces Community.	£96,584.00
Citizens Advice West Oxfordshire	Citizens Advice RAF Brize Norton	Citizens Advice Brize Norton service offers essential expert, confidential, impartial advice to Service Personnel and their dependants. Over the years, Citizens Advice West Oxfordshire, have worked with the Station to develop a comprehensive casework service that supports individuals and their families through a wide diversity of issues. With this award, Citizens Advice West Oxfordshire will continue the good work already done to contribute significantly to the wellbeing of personnel at the station, by reducing the impact of their problems affecting others, and helping them to find a way forward.	£21,531.00

The Matthew Project	Outside the Wire: Suffolk/Essex	With this grant, The Matthew Project, will allow veterans and their family members in Suffolk and Essex, particularly those affected by substance misuse and PTSD, to continue receiving vital veteran-led support. This support includes tailored one-to-one outreach, support groups, and community engagement opportunities to help boost mental wellbeing, reduce substance use, and improve relationships.	£73,932.00
Northern Ireland			
Start360	RenDezVous (RDV)	Start360 recognises the difficulties ex-service personnel face in relation to substance-use, trauma, mental and offending-behaviour. With the award, Start360 will continue to offer ex-service personnel and their families individualised support to make changes to their lives to reduce the risk of a custodial sentence or re-offending by offering a throughcare service to help with transition.	£59,206.00
Scotland			
Cyrenians	Cyrenians - Live Life	Cyrenians - Live Life' project will provide lifeline support for veterans and their families whose struggle with mental health, anxiety and family conflict have been exacerbated by Covid-19. This service takes a whole-family approach providing participants with the support needed to feel safe, connected, recover from trauma and integrate with their wider community.	£100,000.00
Horse Time SCIO	Horses for Forces	Following the success of previous Horses for Forces programmes, Horse Time has been awarded funding from the Armed Forces Covenant to continue providing mental health support for veterans in their region. Horse Time provides the specialist, appropriate and effective trauma therapy essential for a sustainable recovery, through evidence-based trauma interventions. Horse Time are passionate about changing the paradigm around mental health, and how mental health services are delivered to veterans in need and know by providing continued support Veterans can go on to live full and meaningful lives.	£53,415.00

Erskine	Social Support for Vulnerable Veterans	Erskine will use this grant to continue running their Activities Centre which provides support and social engagement to over 120 vulnerable veterans. This vital service will help even more socially isolated veterans benefit from greater confidence and self-esteem, increased social interaction, new skills development and improved access to additional support.	£99,959.00
UK Wide			
Never Such Innocence	Voices of Armed Forces Children	Building on a the successful pilot project the organisation 'Never Such Innocence' with this award, will continue to deliver creative workshops to Service Families across the UK, providing valuable outlets for young people to have their voices heard. Service children already face so many changing circumstances, the project provides stability for them, as they can participate no matter where they are located and will make strong connections with other service children.	£50,000.00
Queen Elizabeth Hospital Birmingham Charity	Fisher House	The Queen Elizabeth Hospital Birmingham Charity - Fisher House, with the support of The Armed Forces Covenant Fund Trust, will keep military families together during difficult times. Fisher House offers an essential 'home away from home' to military personnel, veterans and their families while receiving treatment at the Royal Centre for Defence Medicine.	£50,000.00
The British Forces Foundation	Morale Boosting Shows	The British Forces Foundation has been boosting the morale of the Armed Forces through live entertainment at home and on operations abroad since 1999. To sustain the support that The British Forces Foundation provides, the grant from the Trust will be used to help service men and women that they have the public's full support in their endeavours.	£40,000.00

Wales

Adferiad Recovery	Change Step Next Steps Transition	Due to COVID-19 restrictions, many services have been delivered online and via phone. Some community resources have also been less accessible until recently, these include gyms, drop-ins, and healthcare provision. As restrictions change, Adferiad Recovery will use this grant to build upon existing support and to access a wider range of available resources.	£74,811.00
Total			£919,546.00