

Grants awarded under the Force for Change programme | October 2021

54 Grants totalling £511,073.00

Name	Project Title	Amount	Project Description
England			
19th Regiment Royal Artillery (The Scottish Gunners)	Regimental E-Sports Package	£10,000	The 'Regimental E-Sports Package' project will create an E-Sports facility within the Armed Forces accommodation which will bring people together, build cohesion and team-work. It will help prevent isolation and boredom in the block. It will be accessible to all within the unit, when off duty, including those unable to participate in more physical pursuits.
23 Parachute Engineer Regiment and Sutton Heath Parish	Poppies Cafe Enhancements	£7,500	The grant will enable improvements to be made to Poppies Cafe. This is a meeting place for Service personnel, their families, veterans' and the wider community to meet and access support from outside agencies. This will help people from Armed Forces communities to reconnect with each other
Armed Forces Community HQ CIC	Veterans' Maintenance Service	£9,970	The grant will support the The Veterans' Maintenance Service which provides general maintenance service which deploys ex-service personnel to serve their local community whilst training in relevant trades. The grant will help the organisation to tailor support to each individual to develop pathways to improve mental health and wellbeing outcomes.
Armed Forces Community HQ CIC	Armed Forces Community Peer Mentoring	£10,000	The 'Armed Forces Community Peer Mentoring' project will use this grant to develop mentoring provision to train ex-service members to support their peers to set short and medium term goals, provide long term support and tackle social isolation by empowering participants to be better connected within their local community.
Army Welfare Service	Families Together Project	£4,200	The Families Together Project aims to provide a holistic framework of provision to support parents, carers and children. Sessions will offer support to general wellbeing as well as promote a safe space to connect and meet others in attempts to mitigate isolation and reduce feelings of loneliness.
Blaby District Council	Armed Forces Wellbeing morning	£10,000	Blaby District Council will host a monthly 'Coffee and Wellbeing' morning for members of the local Armed Forces Community. The coffee morning will provide an opportunity to build meaningful friendships, reduce the risk of isolation and loneliness plus improve mental health and wellbeing in a safe and secure environment.

Blackburn Rovers Community Trust	Rovers Ex Forces Hub	£9,867	The Rovers Ex-Forces Hub will provide a safe place for ex Armed Forces personnel and families to learn new skills and improve mental & physical wellbeing. Through various activities, the hub will reduce isolation and promote positive integration for anyone who has served in HM Armed Forces and their families.
Broughton House Home for Ex-Service Men and Women	Bringing Back the Smiles	£9,648	Due to Covid, Broughton House Care Home residents have been cut off from family/other visitors for well over a year. The grant will enable a 6 month project to take place, providing 1-2-1 company to isolated elderly veterans, and offering opportunities to play games, share stories, or go for gentle walks or outings.
Brunswick Youth and Community Centre	Operation Cant Cook Will Cook	£4,967	The project 'Operation Cant Cook Will Cook' with funding will deliver three lots of eight week cookery courses. This will teach veterans skills in healthy eating, managing on a budget as part of a socialising programme and holding a "community cook off!" in the form of a 'Come Dine with Me' Event .
Citizens advice Mid North Yorkshire	Citizens Advice Recruiting	£9,575	Citizens Advice Mid North Yorkshire will work with families of serving personnel and veterans to provide supported volunteering opportunities in Richmondshire (Catterick Garrison) focusing on those who are experiencing isolation or looking for skills to access work or improve self confidence.
City in the Community Foundation	Loud and Clear (5x5)	£10,000	The 'Loud and Clear' program is being funded to show that there is an understanding for Veterans and their families to be heard through football. This includes weekly football sessions for Veterans and serving personnel. Extended work includes NAAFI breaks and mental health support for Veterans, serving personnel, and their families.
City of Hull Sport and Community Group CIC	Twelve Rounds to Wellbeing	£9,870	With this grant, 'Twelve Rounds to Wellbeing' is an intervention developed by Veterans, for Veterans. Using boxing as a catalyst, E28 of all ages living in the fourth most deprived community in England will engage in weekly sessions to help build upon reintegration, physical health, and mental wellbeing.
Clervaux Trust	Boosting Resilience Through Craft	£9,920	The Fold Family Centre will offer 12 monthly activity days, 'Boosting Resilience Through Craft', for Armed Forces families, encouraging interaction with local civilian families. With textiles, pottery, horticulture, animal husbandry and nature-based crafts on offer, these activities will help boost social confidence for all ages, particularly post Covid, and help families make precious memories again.
Colburn Hub and Cafe C.I.C.	PULL UP A SANDBAG!	£10,000	This will support the, 'Pull up a Sandbag' project, which will provide Veterans breakfasts and opportunities to bring people together within Catterick Garrison, help to build a closer community following the Covid pandemic
Colerne CE Primary School	Armed Forces Music Provision	£8,190	Colerne CE Primary School will work with children from Armed Forces families to help them develop musical skills that can also boost confidence, helping them learn how to play in a group and perform to others.

Company of Makers	Armed Forces Community Writing Club	£10,000	The grant will support the 'Armed Forces Community Writing Club' project which will enable veterans explore popular culture, books and authors to develop their own writing style and technique. Any veteran with enthusiasm and internet access can join in, from novices to the more advanced. This Company of Makers online project encourages creativity and helps participants to find their own voice.
Company of Makers	Armed Forces Community Drawing Club	£10,000	With this grant, The Company of Makers' 12 month project, Armed Forces Community Drawing Club, will bring the Armed Forces community together online to share their interest in drawing; and also to develop their creativity and technique. All are welcome, from total beginners to the more experienced. All that's needed is a pencil, paper and access to the internet.
Company of Makers	Armed Forces Community Photography Club	£10,000	Co-created with Veterans, this Company of Makers' 12 month project brings the Armed Forces community together online to share their interest in photography and also to develop their creative and technical skills. All Serving, Reservists, Veterans and partners are welcome, from beginners using mobile phones to enthusiasts with DSLR cameras.
Fishing for Heroes	Regional Get Togethers	£10,000	This project will enable veterans who have an interest in fishing to come together for 'Regional Get Togethers'. Over the next 12 months 'Fishing for Heroes' aim to deliver 50 events with an average attendance of 9 at each event. These events will enable veterans to share an activity and reduce isolation.
Glebe Primary School	Stronger Still	£10,000	Glebe Primary School's project 'Stronger Still' will use creative activities and cross-generational engagement to positively impact both children from Armed Forces families and local care home residents. Activities will support young people to build friendships with other children their own age, share experiences and improve self-esteem, whilst creating a collaborative and sustainable community.
Goodwin Development Trust	Operation Legend	£9,715	Goodwin Development Trust's project will reduce isolation and promote integration through enabling our Armed Forces Community to 'get to know their city and the region'. Through providing organised visits to historical buildings, access to hidden gems, and to learn from inspirational speakers. The project will support new friendships through participating in established local history groups.
Help A Squaddie	Veterans On The Move	£10,000	This project will encourage veterans to access community activities using powered and nonpowered bicycles to improve their mental, physical, emotional health and wellbeing, by increasing their fitness levels and stamina opening up opportunities to improve their skills and quality of life by reducing social isolation.
Home-Start Colchester Jaywick and Clacton	Together.	£9,500	Home-Start Colchester Jaywick and Clacton's project 'Together' with this funding will support military families during difficult times, offering a bespoke offer of emotional and practical support.

Home-Start Horizons	Post-COVID Armed-Forces Family Peer Support	£9,975	Home-Start Horizons has deigned their project to provide a weekly on-base facilitated family support group and also 1-1 home-visiting volunteer support at Kendrew Barracks for parents with a child under 5. The project will focus on strategies to manage children's challenging behaviour and to develop peer-support networks to reduce isolation and build family resilience post Covid.
Launchpad	Reconnecting Formerly Homeless Heroes	£8,882	With this funding from the Trust, Launchpad will work with formerly homeless Veterans who have recently moved on from supported, homeless accommodation to independent living. This project will help them connect, and stay connected, with social activities and support services near their new home, to reduce social isolation and increase their long-term health and wellbeing.
Liverpool Football Club Foundation	LFC Foundation Military Veteran Families	£10,000	The grant will support Family Health and wellbeing events to be led by the Liverpool FC Foundation Military Veterans programme in collaboration with the Liverpool Veterans Headquarters families officer, to provide an holistic approach to engagement within the Liverpool city region. Activities will be run throughout the year promoting healthy lifestyles and wellbeing for Veteran families.
Maximum Edge C.I.C.	Veterans For Veterans	£9,550	The grant will enable the organisation to work with veterans in the St Helens and Liverpool City Region who are isolated. The project will offer supportive groups engaging in a variety of activities including, sport, exercise, walking groups, socials, "Veterans' Cafes" offering veterans the chance to meet up and share experiences.
RAF College Cranwell	Focussing on the Community	£8,800	RAF College Cranwell wants to put "Community focus" back into the RAF Cranwell whole force community by providing a mixture of relevant activities that will offer support through focussed and generic activities alongside the opportunity for people to meet in an environment that will allow for exploration of feelings post covid lockdown
Rebuild South West	The Veterans Space	£9,993	The Veterans Space' will be a safe, creative space in the heart of Helston co-designed by military veterans. It will provide a space for veterans and their families to develop and participate in community activities. The prject aims to develop sustainability through formal Peer Support Training for veteran volunteers, enabling them to engage others.
Royal Air Force Station Waddington	RAF Waddington Wellness Project 2	£4,680	With this grant, Royal Air Force Station Waddington, will deliver of weekly wellbeing activity classes to support physical and mental wellbeing of individuals and to enhance quality of life.
Royal Borough of Windsor and Maidenhead Libraries	Building a Reading Community	£10,000	Royal Borough of Windsor and Maidenhead Libraries project 'Building a Reading Community' will aim to combat social isolation through reading. Using reading groups, book clubs, Literacy Engagement Sessions and Family Story Times we aim to build strong links and connections between Army families and their local community. A series of events will take place across a range of venues.

Saints Community Development Foundation Ltd	Veterans in Bloom		The Veterans in Bloom project is to bring out green fingered and artistic veterans to provide therapeutic spaces for fellow veterans to enjoy and aspire within. Looking after their mental health and wellbeing by challenging their creativity and providing opportunities get involved.
Sporting Force Limited	Veterans Re-engage and Re-vitalise	£9,890	The grant will support a project that encourages a return to social engagement and physical activity for those members of the Armed Forces Community who have found themselves struggling with isolation and loneliness. The project will use sport and exercise to regain their confidence, resilience and to re-integrate into their local community.
St Jude's Church of England Primary School	St Jude's Service Families Hub	£9,768	St Jude's Church of England Primary School's project will create a community space for service children by reinvigorating an existing classroom. It will be used for peer group activities and individual/small group mentoring for service children. The Service Families Hub will provide a place for family memory-making events and workshops that support families.
Station Headquarters RAF Marham	Break Out	£10,000	RAF Marham is in very rural Norfolk, regular large deployments impact on the families and Service Personnel. Break Out will support the Families Club, Junior Ranks Club and Youth Club which will bring people together as well as helping them to become more engaged and reducing social isolation and loneliness
Tedworth Equestrian	Riding to new pathways	£10,000	Tedworth Equestrian will help 40 young people from serving families with complex behavioural and mental health issues through our equine programmes, which will enable them to develop confidence and coping behaviours, and so make positive changes to achieve better life chances.
UNITY (SOUTHERN) LTD	Bulford with no boundaries	£9,960	The project 'Bulford with no boundaries' will provide a route for Forces families stationed in and around Bulford Camp to engage with the local community as we emerge from lockdown. Families will be able to make full use of the health and wellbeing, leisure and training facilities as part of a local community.
Veterans' Growth	Horticulture for Wellbeing	£9,927	The grant will enable the 'Horticulture for Wellbeing project' to continue and expand upon the work already being undertaken at Veterans' Growth. It will provide additional support to Veterans who are already known to the organisation, and reach out to and help even more Veterans who need support in the local community.
Walking With The Wounded	Wellbeing Through Art-North West	£10,000	The grant will establish a twice-weekly Art Wellbeing group for veterans from across the North-West. It will be run from a Hub in Manchester and expert tuition would be provided. The group will enable veterans to learn a new skill whilst improving wellbeing and social engagement.

Walking With The Wounded	Wellbeing Through Art -North East	£10,000	The grant will establish a twice-weekly Art Wellbeing group for veterans from across the North-East. It will be run from a Hub in North Shields and expert tuition would be provided. The group will enable veterans to learn a new skill whilst improving wellbeing and social engagement.
Walking With The Wounded	OP-REGEN Sharks Forces	£10,000	With the grant, Walking With The Wounded will collaborate with Sharks Community Trust to develop social engagement and meaningful volunteering opportunities to help engage members of the armed forces community within Greater Manchester to encourage them to participate in meaningful opportunities within the communities that they reside.
The White Horse Federation trading as Larkhill Primary School	Rock at the Rocks	£9,700	The grant will support a 9-month confidence and communication project 'Rock at the Rocks' for Armed Forces children and families. Artistic workshops and performances will celebrate the landscape the children live in and their own creativity. The project will improve wellbeing, mental health and belonging for all. Participants will earn Arts qualifications to improve achievement and aspiration beyond school.
YSS Ltd	YSS Remember Veterans (YSS RV)	£9,978	The grant will support work with veterans. Remember Veterans work with military veterans who are in/ at risk of becoming involved in the criminal justice system. The service works closely with the Veteran to enable them to access the support they need, reduce social isolation, and integrate into their local community whilst reducing the likelihood of offending/re-offending.
Northern Ireland			
AA Veterans Support	Tackling isolation through camping	£9,959	AAVS will use the grant deliver a project for veterans to enjoy camping at the veteran's outdoor recreation centre. Alongside camping veterans will engage in other activities such as fishing, family days, mental health awareness and suicide prevention.
Brooke House Project	Yesterday Today Tomorrow	£10,000	Brooke House will bring together different of veterans generations to meet, to learn from, to support and enjoy others experiences.
Northern Ireland Garrison Support Unit	Thiepval Outdoor Community Fitness Project	£10,000	NIGSU has always put the Armed Forces Community first by improving facilities/welfare support for those who are stationed in Northern Ireland to maintain wider Brigade operational effectiveness.
On Course Foundation	Golf for Veterans, Northern Ireland	£8,394	The grant will support a confidence building programme of Introductory Golf Events for veterans in Northern Ireland. Focusing on re-engagement, reducing social isolation and offering the opportunity to try a new sport - learning and developing skills both on and off the course.

Somme Nursing Home	SNH Veterans' Therapeutic Gardening Scheme	£10,000	The grant will enable the Somme Nursing Home, along with Defence Garden Scheme will design a Gardening Project to encourage veterans to become engaged with the gardens of the Home. This will reduce isolation and address loneliness and detachment by providing opportunities contribute to a project for resident veterans of SNH, their families and the local community.
Scotland			
Colgrain Primary School	Connecting Families at Colgrain Hub	£10,000	The grant will enable the organisation to create the 'Colgrain Primary School Family Hub' to connect families from Armed Forces Communities and non-forces families. The Colgrain Community is transient in nature, and the Hub will support the development of new relationships, knowledge and skills through community and family learning projects.
Erskine	IT classes for vulnerable veterans	£10,000	This project will provide vulnerable veterans, spouses and carers with IT classes held at the Erskine Reid Macewen Activities Centre. Classes will combat isolation by providing opportunities for participants to improve their IT skills, become digitally connected, increase their confidence and to take part in social activity.
UK Wide			
Bounce Forward	Raising Mental Wellbeing with Military Families	£9,680	Bounce Forward will support military families in the community, to build resilience in an evidenced, lasting and sustainable way, and equip them with skills, enabling them to be the best they can be in the small everyday moments and develop emotional resilience and mental wellbeing
Reading Force	Making connections... Reading Force Book-clubs	£10,000	Reading Force's pilot project developed relationships between socially-isolated and lonely Armed Forces communities through book clubs. This project extension seeks to build on this; promoting social integration and personal resilience. Shared reading offers a non-invasive means of boosting connectivity and community. Establishing online book-clubs promotes networking; members proactively encourage others to join and build related development-activities.
Equus Ferus	Equus Ferus: The Next Step	£9,950	The grant will enable the organisation to build on previous work. 'Equus Ferus: The Next Step' will train 12 of our current service users to become volunteer ambassadors, charged with searching out vulnerable and isolated veterans in the community and introducing them to the benefits to horse-related activities.
RAF Valley-Community Support Department	Community Support Phoenix Integration Project'	£10,000	The project 'Community Support Phoenix Integration Project' will encourage participation in a safe program of community activities in fun activities promoting wellbeing recovery, and encourage interactions between Armed Forces and civilian communities
	Total	£511,073	