

Grants awarded under the Reaching and Supporting Armed Forces Communities programme 2022/23 February 2023

38 grants totalling £3,440,189

Organisation	Project Title	Grant Amount (£)	Project Description
Scotland			
Home-Start Lomond	Military Families Support Worker	£99,000	This project will enable Homestart Lomond to support Armed Forces families in the Lomond area of Argyll by ensuring children have the best start to life. The grant will enable a Military Families Support worker to offer one-to-one, tailored befriending opportunities; practical help & emotional support; bespoke activities; signposting; advocacy and inclusion work.
Sacro	Veterans Mentoring Service (VMS)	£100,000	This project will provide intensive mentoring support to men and women who have completed Service within the UK Armed Forces and are at risk of becoming involved, or are already involved, in the justice system.
Edinburgh Napier University Centre for Military Research, Education and Public Engagement (CMREPE-ENU)	Forces Children – Additional Learning Needs	£91,792	'Forces Children- Additional learning Needs' will develop a clear pathway, to benefit serving and veteran parents and their children with additional support needs, when educationally transitioning to and from Scotland. The project aims to empower policymakers with evidence-based recommendations through identification of enablers and barriers impacting the child's learning journey, wellbeing and family life.

Cyrenians	Live Life	£100,000	This project will provide a creative programme of support for veterans and their families, covering at least 18 local authority areas in Scotland. The 'Live Life' project aims to improve relationships, mental health, wellbeing, resilience, and the ability of participants to integrate into the community.
Wales			
Bulldogs Boxing and Community Activities	Bulldogs Veterans	£90,000	This project will support veterans to integrate into civilian life by supporting them to make positive relationships within the community. 'Bulldogs Veterans' will facilitate physical and mental health support to be delivered through a multi-agency approach through NHS Veterans Wales, ChangeStep, Adferiad Recovery, SSAFA and DWP.
Re-Live	Coming Home to the Arts	£100,000	'Coming Home to the Arts' is a two-year, Arts in Health project, which will enable veterans, families, and community members from across Wales to access high-quality, therapeutic arts engagement through theatre, song writing, singing and comics. This project will help to improve mental health and wellbeing, while advancing strong social connections.
Northern Ireland			
Breen Centre	Time for Change	£100,000	'Time for Change' will enable the engagement and support of veterans within the Newtownabbey area. The project will enable veterans without previous experience of support organisations to access a range of activities and opportunities to socialise and improve mental and physical health.
Inspire	Road Map to Recovery	£100,000	This project will provide a structured and facilitated network of Mutual Aid Partnership Groups across Northern Ireland. Veterans who have been impacted by addictive behaviours and/or mental ill health will be

			offered the opportunity to work together as peers to make positive changes to achieve recovery, along with support for family members.
England			
Home-Start Horizons	Armed Forces Family Peer Support	£93,600	This project will provide a weekly, on-base, facilitated family support group in conjunction with one-to-one home-visiting support at Kendrew Barracks, for parents with a child under 5. The project will help families use strategies to manage children's challenging behaviour while developing peer-support networks to reduce isolation and build family resilience.
The Royal Air Force Benevolent Fund	RAF Reminiscence Groups	£81,709	The 'RAF Reminiscence Group' will provide specialist support to veterans living with dementia and their carers. Veterans will come together to re-call, re-live and re-experience their time in the RAF in a relaxed and friendly environment. Carers will also receive respite, specialist advice, guidance and peer support.
Aurora New Dawn	Advocacy for Foreign/Commonwealth victims.	£100,000	This project will build on the success of the long-established Armed Forces Advocacy service by recruiting a specialist advocate to support UK personnel, Reservists and families from foreign and Commonwealth communities who may have experienced domestic and or sexual abuse.
Care after Combat	Bowman CJS Remote Support Service	£99,461	'Bowman CJS Remote Support Service' project will deliver support to ex-Armed Forces personnel in the justice system, predominantly whilst in prison. This project builds upon a highly successful initiative, started in response to the COVID-19 pandemic, and will support this hard-to-reach community.
Burnley FC in the Community	Burnley FC in the Community Veterans Mental Wellbeing Hub	£93,000	This project will build on the organisations existing work by supporting veterans with their emotional and mental

			wellbeing through a dedicated facility hub in their Whitehough Outdoor Centre. The grant will be used to fund a specific role to support veterans who are experiencing challenges.
The Society of St James	Veterans Link Worker	£100,000	This project will embed a Veteran's Link Worker within the local substance misuse provision to develop and offer bespoke assessments, signposting, advocacy, family support and peer mentors. The worker will provide a vital link to veteran networks in the local area.
Hull FC Community Foundation	Change of Tactics	£86,000	'Change of Tactics' provides health and inclusion support to older veterans who have long-term health conditions and live alone in neighbourhoods within the most deprived areas in England. This project will enable better access to health care, by empowering veterans with the knowledge to manage their health needs within the community.
AGGIE WESTON'S	Aggie's Community Waves	£95,403	Through social events, activities and a presence within the Portsmouth region, this grant will enable the 'Aggie's Community Waves' team to provide pastoral support to naval families. The project will help to alleviate the loneliness of families new to the area and help partners, spouses and families to engage with their community, build friendships and remove isolation.
Suffolk Family Carers	Reaching & Supporting- Armed Forces Carers.	£89,668	This project will seek to identify those in the Suffolk Armed Forces community who are family carers. Information, guidance, and emotional support will be offered to help highlight and improve the wellbeing, family life and work opportunities for those with caring roles in the Armed Forces community.
Wiltshire Wildlife Trust	Wild Transitions	£74,065	The grant will enable 'Wild Transitions' to provide Nature Based Therapy programmes for military veterans and Service leavers living with mental ill health and social

			isolation. Sessions will be run by a qualified horticultural therapy practitioner and a horticulturist. Its positive impact will be evaluated using qualitative and quantitative data collection.
Preston North End Community and Education Trust	Back in the Game	£82,112	This project will support older veterans to access community-based interventions by improving emotional resilience. 'Back in the Game' will prioritise veterans who have been affected by bereavement in the last three years, and who now face challenges with loneliness, social isolation and socio-economic inequalities, to be supported.
LGBT Foundation	Operation Equality (Phase 2)	£98,361	This project builds upon the success of 'Operation Equality' with the aim of reaching a wider spectrum of LGBTQ+ veterans, Armed Forces personnel and their families. The grant will be used to facilitate community engagement and mutual aid activities, with access to in-house and external services, whilst enabling other unmet needs to be identified and further developed.
Age UK	Operation Sterling – Supporting LGBTQ+ Veterans	£98,246	This project consists of a collaboration between Age UK and Fighting with Pride and will enable them to use their specialist skills to provide telephone-based support, advice, and casework capabilities to older LGBTQ+ veterans.
Blackpool FC Community Trust	Mental Health Support for Veterans	£96,000	The grant will enable Blackpool FC Community Trust to develop its services specifically for veterans requiring mental health support. The project will include: one-to-one mentoring and support; home visits; welfare calls; welfare hubs and mental health support groups, whilst also supporting individuals into boxing, football, or other veterans' provision locally.

Age UK Plymouth	Regi-Mental Wellbeing Club	£98,511	This project will support veterans across the City of Plymouth, suffering from post-traumatic stress disorder and other mental health problems, to reduce low mood and social isolation. The grant will be used to facilitate a combination of activities and professional therapy.
Blackburn Rovers Community Trust	Female Veterans' Leadership and Employability Skills Programme	£91,230	The 'Female Veterans' Leadership and Employability Skills' project will, over a three-year period, support working-age, female veterans to recognise and develop their transferable skills and build their career confidence by engaging in focused employability workshops.
The Soldiers, Sailors, Airmen and Families Association – Forces Help	Supporting Gurkha Veterans and Families	£100,000	This project will provide specific, tailored support for Gurkha veterans and their families who have settled in the UK. A team of outreach workers will work with the community to provide holistic support to ensure that Gurkha veterans and their families can live in the UK in dignity.
Beacon Counselling Trust	Battling The Odds	£84,000	The 'Battling the Odds' project aims to reduce the number of individuals within the Armed Forces community impacted by gambling and increase the number accessing support by raising awareness, providing early intervention and education.
Home-Start Richmondshire	Early support with additional needs	£100,000	This project will support Army families in Richmondshire, who have at least one child under the age of 7, on the pathway to, or with, a diagnosis for autism and/or special educational needs.
Everton in the community	Everton Women's Veterans Project	£84,705	This project is dedicated to engaging women veterans into accessing wraparound post-Service support. It is a military and gender-specific-led programme, designed through research directly with women veterans, delivered in a non-stigmatising environment.
Disability Stockport	Live at Ease	£100,000	This project will support ex-Forces men and women within the Greater Manchester and Cheshire area, who

			have disabilities or autism, by providing safe environments, specialised support, and both adaptive and autism friendly activities. 'Live at Ease' will help to improve mental wellbeing; independent living; confidence and quality of life, while reducing isolation and social exclusion.
Hull and East Riding Citizens Advice Bureau Ltd	ARMED FORCES OUTREACH SERVICE	£99,262	This project will deliver outreach services for isolated members of the Armed Forces community, including access to financial, legal and housing advice. It will target members of the Armed Forces community in East Yorkshire, focusing on those with chronic/long term health conditions and/or disabilities.
Armed Forces Community HQ CIC	Home & Hope: Domestic Abuse	£99,000	This project will champion delivery of specialist support and interventions to the Armed Forces community experiencing domestic abuse. 'Home & Hope: Domestic Abuse' will also collaborate with statutory, public and third sector agencies across the North West.
FLEETWOOD TOWN COMMUNITY TRUST	Onward Together	£70,700	This project will provide a range of activities for veterans, serving personnel and their families. 'Onward Together' will, through the creation of support chain networks, improve mental, emotional and physical health, with a referral facility available into further professional services.
Anxious Minds	Veteran Recovery College	£99,000	This project will provide early intervention and long-term support for veterans and their families waiting for NHS services following discharge from Mental Health and Addiction services. The grant will be used to provide counselling, addiction support, outdoor therapy and support re-entering into education and employment.
UK-Wide			
Relate	The Strengthening Parents Programme	£100,000	'The Strengthening Parents Programme' will provide targeted interventions tailored to the needs of naval

			parents together or apart. The project is aimed at strengthening parental relationships, reducing parental conflict, and creating a positive impact on children's mental health and life chances. Interventions will be available to Royal Navy, Marine and Royal Fleet Auxiliary parents, and offered digitally.
Prison Radio Association (PRA)	Radio and podcasts for prisoners	£79,219	This project will use National Prison Radio and the 'Life After Prison' podcast channel to provide veterans in custody, their families, and former offenders, with the inspiration, information, advice and comfort needed to help them access the support they need, turn their lives around and reach their full potential.
British Limbless Ex-Service Men's Association	Activities for Limbless/Injured Female Veterans	£66,340	This two-year project will deliver a bespoke activities programme to meet the hidden and compelling needs of female limbless or injured veterans and serving personnel. Female Blesma members will be invited to attend regular activities across the UK to build self-confidence, resilience and mutual support. Participants will experience long-term, sustainable benefits through establishing friendships and support networks.
Enhance Grants			
Walking With the Wounded	Enhanced Improving support for Minority Ethnicities (Ref 6472)	£49,805	This additional funding forms an enhanced element to their overall project. With this funding they will address challenges and barriers surrounding mental health in minority ethnic veteran communities. Through this work they will embed an awareness of cultural differences within staff and therapists. In the longer term, they hope that this work will start to destigmatise mental health issues for minority ethnicities and create a network of supportive organisations that veterans can confidently approach.

Forward Assist	Enhanced: Intersectional Pathways for Marginalised Veterans (Males) (Ref 6345)	£50,000.00	This additional funding forms an enhanced element to their overall project. With this funding they will develop specialist support for males within the Armed Forces community who are survivors of bullying, harassment and sexual assault.
Total Awarded		£3,440,189	