

**Grants awarded under the Armed Forces Covenant Fund: Service Women programme 2024/25 – November 2024**

**8 grants totalling £729,582**

<b>Organisation</b>	<b>Project Title</b>	<b>Grant Amount (£)</b>	<b>Project Description</b>
<b>England</b>			
Aurora New Dawn	Armed Forces Athena Groupwork Programme	£94,000	Aurora New Dawn will deliver a bespoke CPDUK-accredited confidential therapeutic support programme, helping 100 women serving in the Armed Forces nationwide to recover from the traumatic consequences of their experiences relating to domestic abuse, sexual violence, and stalking.
Royal Navy Recovery and Resilience Margins Headquarters	RN Women Wellbeing & Support	£44,400	The Royal Navy Wellbeing and Support programme will support women facing postnatal depression, stillbirth, abortion, domestic abuse, miscarriage and low-level mental health challenges. Through wellness retreats, yoga, and holistic activities, it will offer a nurturing space for self-care, healing, and emotional recovery, empowering women to rebuild their strength and well-being.
Hull FC Community Foundation	Unite	£50,652	Unite will take a prevention-first approach to empower servicewomen with the skills, confidence, and knowledge to lead healthier, more resilient lives. Through Co-created activities delivered individually, in groups, and with families, the programme addresses loneliness and isolation, strengthens mental resilience, and connects participants with specialist support delivered by VCSE partners.
RAF Brize Norton	The Gateway to Women's Health	£100,000	This project offers mental and physical health support for servicewomen at RAF Brize Norton. Through health briefing days, therapies, exercise programmes, and a dedicated app, it addresses the full spectrum of women's health topics, empowering them to feel seen, heard and supported.

<b>UK-wide</b>			
Defence Medical Welfare Service	Virtual counselling for servicewomen	£122,335	DMWS will provide online counselling and wellbeing support for serving and reservist women to access independent and confidential mental and physical health and wellbeing support. This service will recognise the distinct challenges faced by Armed Forces women and provide dedicated support to meet their needs and make empowered informed choices.
RAF Association	RAF Women's Wellbeing Network	£68,195	The RAF Association will develop a peer-to-peer wellbeing network to support 200 women currently serving in the RAF via a programme of interactive, informative and inspirational webinars and the development of an online community to strengthen resilience and wellbeing, and alleviate stressors uniquely experienced by Service women.
The Warrior Programme	Your Career, Take Control	£150,000	The Project will empower serving women to achieve their career potential, inspire those around them and thereby drive the changes required to make Service life more conducive for women
Forces Employment Charity	Military Women's programme	£100,000	This Programme aims to empower female serving personnel, reservists, and Veterans to overcome barriers and reach their full potential. Unlike their male counterparts, military women face unique challenges in securing meaningful civilian employment. Providing holistic support, this project ensures military women are equally valued, qualified, and supported.
		<b>Total £729,582</b>	