

Grants awarded under the Hidden Voices programme 2024/25 March 2025

15 grants totalling £290,024

Organisation	Project Title	Grant Amount (£)	Project Description
Northern Ireland			
Start360	Crafting Resilience	£20,000	Crafting Resilience will address seldom heard voices of veterans involved in the criminal justice system across the NI prison estate through the use of therapeutic creative arts and SMART Veterans. This programme will reduce social isolation & anxiety, encourage peer support, provide soft skills training and address addictions.
England			
Battling On CIC	Stepping Forward	£20,000	This pilot project is aimed at supporting LGBTQ+ community who have experienced discrimination and prejudice when serving in the Armed Forces. The project will provide new working methodologies and cascade information, advice and guidance through Cornwall, Devon and Plymouth Covenant Teams.
The Block Armed Forces Foundation CIO	Resilience & Recovery	£19,998	Providing tailored mental health and wellbeing services for seldom heard voices, particularly those who are homeless or at risk of being homeless, in the armed forces community by focusing on accessibility, inclusivity, and culturally competent care.

Carers Plus Yorkshire Ltd (previously Scarborough & Ryedale Carers Resource)	Caring with Active Confidence	£18,652	Supporting veteran carers and carers of veterans to be confident and resilient when navigating the emotional impact being an unpaid carer brings to life. Support around key themes faced by carers such as guilt around taking time for yourself to accessing support when your needs feel less of a priority.
Disability Stockport	Cheshire Ex-Forces Autism Social Group	£19,026	Providing a social activity twice a month in an autism friendly and safe space, for autistic ex-forces men and women who feel socially isolated. This is an opportunity to socialise and do activities with other neurodiverse ex-forces men and women, helping to reduce their isolation and improve their wellbeing and quality of life.
Gloucester Rugby Foundation	Stronger Together	£19,430	Stronger Together is a new wellbeing intervention that will bring together Gloucestershire-based armed forces organisations with specialist VCSE groups. The purpose is to inspire Gurkha personnel within the Gurkha ARRC Support Battalion based at Imjin Barracks with the skills, self-belief, and resilience to lead mentally fit and socially connected lives.
HWLincs Limited	Hidden UK Military voices	£15,000	The project will identify and address gaps in mental health and wellbeing support for seldom-heard Armed Forces minority groups in Lincolnshire. Surveys, interviews, focus groups and case studies will be used to inform preventative and early intervention strategies for improved service provision.

Preston North End Community and Education Trust	Connecting Our Veterans	£19,960	Connecting Our Veterans offers an early-intervention approach towards meeting the mental health and wellbeing needs of older male veterans in care homes who are facing challenges with accessing community activity. One-to-one support combined with group activities co-delivered with VCSE organisations will support improved resilience, comradeship, and access to specialist services.
Rees Foundation	From Care to Command	£19,767	Rees Foundation is dedicated to supporting care leavers in the Armed Forces, a group often unheard and overlooked. The aim is to amplify their voices, raise awareness, and provide tailored support, ensuring they receive the guidance and resources needed to live fulfilling, purposeful lives, both in and out of service.
Sale Sharks Foundation	Pride in Motion	£19,800	In partnership with Fighting With Pride, this is a new project focused on supporting the mental health and wellbeing needs of LGBT+ Veterans living in Greater Manchester. Developed alongside those with lived experiences, activities will prioritise tackling inequalities associated with loneliness and social isolation, mental-ill health, and discrimination.
Service Dogs UK	Comrades and Canines	£19,380	The Comrades and Caines Project aims to heal and improve quality of life through the transformative power of dogs. Veterans with PTSD will be paired with a dog for life. Together they will embark on a programme to improve their confidence, wellbeing, help to manage symptoms and reduce isolation.

Defence Medical Welfare Service	Support for Veterans' Children London	£19,226	DMWS will support veterans' families in London with complex challenges to access support for themselves and their children who can be facing many different issues including the impact of their veteran parents' health, their own mental health, SEND issues or feelings of isolation or lack of community belonging and opportunities.
Wigan Athletic FC Community Trust	Positive Futures	£19,785	Working in collaboration with Armed Forces Community HQ and partners from Wigan's voluntary sector, Positive Futures is a new, prevention-first approach supporting early service leavers through a defined wellbeing intervention. This will involve co-created activities to improve mental health and wellbeing, create stronger community connections, and inspire better life outcomes.
UK Wide			
LimeCulture	Strengthening Military Sexual Violence Support	£20,000	This collaborative project will improve the provision of community-based, accessible mental health support and advocacy for victim-survivors of military sexual violence (MSV) UK-wide. Enhanced training and resources for civilian 'independent sexual violence advisers' (ISVAs) will strengthen understanding of the unique needs of victim-survivors within the military and veteran community.
Salute Her UK	Rise & Rebuild Women Veterans	£20,000	Rise and Rebuild is a project aimed at empowering women through personal stories of recovery and resilience. Individual comics will feature a series of short stories, each focusing on the women's journey of overcoming adversity and finding strength in their unique experiences.
Total Awarded		£290,024	