

**Grants awarded under the Embedding Prevention of Veteran Suicide programme 2024/25 December 2024**

**18 grants totalling £1,559,198**

Organisation	Project Title	Grant Amount (£)	Project Description
<b>Northern Ireland</b>			
Ely Centre	Operation Blue Sky	£49,608	Operation Blue Sky is an Adventure Based Therapy Programme which aims to improve the health/wellbeing and individual resilience of retired Armed Forces personnel who suffer from psychological injury as a result of their lived experiences through an innovative co-designed approach to mental health support and psychoeducation.
Inspire	Open Mind	£100,000	Open Mind will create a culture of understanding and compassion in support organisations and reducing stigma and empowering help seeking behaviour in Veterans. The aim is to ensure vulnerable Veterans in Northern Ireland receive the right support at the right time.
Brooke House Health and Wellbeing Centre	Operation Mindfulness	£99,464	Brooke House will reduce suicide ideation by providing holistic mental health support for veterans and families. Partnering with veterans and offering workshops, counselling and therapeutic activities, the programme will address stigma and barriers, promote recovery, social reintegration. The project seeks to expand peer-led groups and educate service providers on veterans' needs.

<b>Scotland</b>			
The Soldiers, Sailors, Airmen and Families Association – Forces Help	Sleep Well Project	£98,826	Glasgow's Helping Heroes 'Sleep Well' project focuses on Veteran suicide prevention by providing mental health and specialist housing and financial support, whilst addressing stigma. The focus on stabilising mental health and then build on this by tackling underlying issues, both causes and symptoms of poor mental health, and by encouraging self-help.
Citizens Advice & Rights Fife	Veterans Advice Fife	£100,000	The project provides welfare benefit advice to veterans, removing financial barriers that adversely impact mental health. It aims to reduce financial stress, improve well-being, and encourage help-seeking behaviour, especially among under-represented groups, creating lasting improvements in veterans' financial stability and mental health support.
<b>Wales</b>			
Adferiad Recovery	Veteran Peer Mentoring Training Programme	£100,000	Adferiad will deliver Level 1 accredited peer mentor training and Level 2 Train the trainer peer mentor training to their Veteran's network across Wales. The aim is to strengthen the peer mentoring network within Welsh organisations, empowering Veterans to support peers and enhance their suicide prevention efforts.
<b>England</b>			
RMA-The Royal Marines Charity	Prevention of RM Veteran Suicide	£96,000	This project will embed and develop the lessons learned from RMA's 'Lifting the Lid' campaign, which has resulted in a rise in beneficiaries seeking help at an early juncture. The grant will support enhanced capability and resource to deliver expeditious support to those recognised as most in need of post holistic assessment.

The Bridge for Heroes	Bridging the Gaps	£48,909	This project will enable The Bridge for Heroes to continue and further develop the unique services they offer to Veterans with suicidal thoughts or ideologies, and their families, by providing compassionate, proactive, person-centred care using military-specific knowledge. Support will be delivered from a single point of contact facilitating continuity, responsiveness and flexibility.
Tom Harrison House	Strengthening the Safety Net	£100,000	This project will deliver targeted support to 140 Veterans with addictions seeking support who have been identified as high risk for suicide. Individuals will be supported to sustain help-seeking, access addiction treatment, and develop self-care through one-to-one group sessions.
Northumberland County Council	Combat Invisible Wounds	£90,000	Combat Invisible Wounds will employ a dedicated Community Connector with Armed Forces lived experience to build capacity, provide effective support and networking within the Armed Forces / Veterans community. The Community Connector will connect with local organisations, identifying local needs and gaps in provision, and will deliver holistic, bespoke support utilising a network of community organisations.
Derbyshire Addictions Advice Service	STAND Together	£99,303	This project will embed and develop the lessons learned from RMA's 'Lifting the Lid' campaign, which has resulted in a rise in beneficiaries seeking help at an early juncture. The grant will support enhanced capability and resource to deliver quick, efficient support to those most in need of post holistic assessment.

Dig In	Stronger Together	£25,826	Delivering comprehensive mental health and trauma informed care training to trustees, staff and volunteers supporting vulnerable veterans. The project will provide accessible, standardised training through workshops and online modules, equipping participants with essential skills, safeguarding practices and support structures to enhance the wellbeing of those providing vital veteran care.
Foundation of Light	Game Changer	£93,823	'Game Changer' is a new holistic wellbeing project that will use football as a catalyst for empowering seventy male veterans with the skills, confidence and knowledge to lead more mentally resilient lives. Inspired by the 'Five Ways to Wellbeing', beneficiaries will access physical activity, group-based learning, and targeted one-to-one support.
Mentell	We Still Need You	£82,600	A unique project for veterans in Cheshire East that addresses their feelings of loneliness and isolation by instilling purpose through giving back. The giving back will take the form of helping other men, talk free from advice and judgment.
<b>UK Wide</b>			
UK Men's Sheds Association (UKMSA)	Armed Forces and Veteran's Sheds	£ 94,645	Men's Sheds are groups focusing on connecting, creating and conversing, resulting in happier, healthier men (and women. This project, endorsed by the Royal British Legion, harnesses the power of Men's Sheds, positively impacting reservists when not deployed, those leaving the Armed Forces and Veterans; ultimately saving lives.

PAPYRUS Prevention of Young Suicide	PAPYRUS - Suicide Prevention Training	£82,170	This project provides suicide prevention training for Veteran families, care and support teams. PAPYRUS will partner with Veteran charities, resettlement centres, COBSEO members, and Veteran families to equip participants with skills to identify warning signs, intervene effectively, and reduce stigma around mental health and suicide among Veterans.
British Limbless Ex-Service Men's Association	Supporting Staff, Helping Limbless Veterans	£98,508	This two-year project will provide ASIST training and ongoing support to Blesma staff, key stakeholders and Blesma Members. It will enable Blesma to embed suicide prevention, creating systemic change and sustainable support/impact for vulnerable limbless/ injured veterans at risk, including elderly, multiple-amputees and/or female veterans.
Walking With the Wounded	Holistic support for frontline staff	£99,516	This project will investigate, design and develop resources that support the wellbeing and mental health of WWTW's frontline staff. Frequently, operations teams assist veterans who present with challenging and distressing circumstances. Co-produced with staff, this project will develop resources and an approach that helps to safeguard their mental health.
<b>Total Awarded</b>		<b>£1,559,198</b>	