

Grants awarded under the Apart, not Alone programme 2025/26 October 2025

10 grants totalling £304,732

Organisation	Project Title	Grant Amount (£)	Project Description
Scotland			
Forces Children Scotland	Deployment Rollercoaster for Primary Children	£43,795	Forces Children Scotland will co-produce digital/physical resources with primary-aged children from forces families, their parents, and professionals who support them. Interactive wellbeing workshops will be developed for delivery in school settings, to support children and families facing parental deployment by fostering resilience, emotional wellbeing, and understanding.
Home-Start Lomond	Thriving Families	£25,000	This project will provide staff and volunteer led practical assistance and emotional support to military families on a 1:1 basis. It will facilitate both military specific and wider-community peer-support sessions for families and provide a variety of activities for whole families or individual members.
England			
Green Paths Environmental Education CIC	Op Hearth	£25,000	This project will provide separate targeted outdoor wellbeing sessions for the partners and children of serving personnel, offering emotional support, peer connection, and respite. Through nature-based activities, it will build resilience, reduce isolation, and create a supportive community environment to combat the unique challenges that separation often brings.

Home-Start Blackmore vale	The Deployment and Separation Diaries	£7,965	The Deployment and Separation Diaries is a digital peer support group for service families with young children. This group brings parents and families from the South West of England together to share their experiences of deployment and extended periods of separation.
Home-Start Hampshire	Together through Distance	£49,824	Home-Start Hampshire will deliver emotional and practical support to armed forces families with young children during service-related separation. Trained volunteers will deliver tailored, holistic support, built on a model of people-helping-people designed to help families navigate the unique challenges they face and come together through distance.
Plymouth Sports Charity	Operation Reconnect: Supporting Military Families	£28,000	Operation Reconnect will support serving military families experiencing separation by providing weekly family-friendly fitness sessions, peer support events, and well-being activities. The project will help reduce isolation, strengthen family bonds, and improve emotional resilience during and after deployment or extended time apart.
RAF Waddington	RAF Waddington Apart, Not Alone	£20,000	Supporting the families of personnel from RAF Waddington who experience hardship as a result of separation through duty and who are ineligible to access support through existing funding sources.
The Moving on Project	Safe Harbour Project	£50,000	The Safe Harbour Project provides confidential, professional counselling for naval families before, during, and after deployment. Delivered by The Moving On Project, the program offers lived-experience-led mental health support to strengthen resilience, reduce anxiety, and improve emotional well-being during times of separation.

UK wide			
Reading Force	Connecting Families Through Shared-Reading	£50,000	Reading Force enhances the wellbeing of military families during the deployment cycle, long periods of separation, and subsequent reintegration by providing free shared-reading resources. This supports connection, communication, and bonding between parents and children, improves mental health and resilience, and reduces isolation through literary-based activities tailored to different ages and needs.
Royal Air Force People & Families Support	RAF Families: Managing Time Apart	£5,148	RAF Families - Managing Time Apart coaching equips serving RAF parents with tools and strategies to mitigate the impact of time apart due to their military service. This enables the serving parent to better support their partners and children during periods of separation, fostering happier more resilient family relationships.
Total Awarded		£304,732	